



## 6 WELLNESS ACTIVITIES

A nice selection of wellness activities for the ones who wish to relax.



### Private Yoga Class at your Villa

🏠 Bali

☎ -

★★★★☆ 4

Please note that the price of this private class is for 1 to 2 people. Hatha Yoga In a Hatha yoga class the postures/asana practiced will vary... [ read more at <https://www.thebalibible.com/details/private-yoga-class-at-your-villa-12983> ]



### Basic Freediving and Yoga Course

🏠 Ungasan

☎ -

★★★★☆ 4.7

This two day freediving course in Amed, Bali, is an excellent general introduction to freediving for anyone interested in developing their aquatic ability. From people with a... [ read more at <https://www.thebalibible.com/details/basic-freediving-and-yoga-course-12950> ]



### 3D/2N Yoga Retreat In Canggu (Single Occupancy)

🏠 Canggu

☎ -

★★★★☆ 4

The Center offers yoga for everyone, healthy home-made food, and integrated treatments in a unique space, dedicated to radical well-being and self-empowerment. A yoga class will leave... [ read more at <https://www.thebalibible.com/details/3d2n-yoga-retreat-in-canggu-single-occupancy-13101> ]



### 6 Yoga Classes Package in Canggu

🏠 Canggu

☎ 62818356387

★★★★☆ 4

Yoga, originally from India is really a breathing practice in which we use the body in order to calm the mind. Yoga poses are movements that seek... [ read more at <https://www.thebalibible.com/details/6-yoga-classes-package-in-canggu-13093> ]



### Rejuvenating Healthy Spa Cuisine

🏠 Canggu

☎ 62818356387

★★★★☆ 4

Centuries ago, before the word 'spa' was even used in common language, the people of Indonesia had believed that health and beauty were to be promoted from... [ read more at <https://www.thebalibible.com/details/rejuvenating-healthy-spa-cuisine-13088> ]